

## **Bundaberg Child Protection Week Action Group Presents**

## **Understanding Emotions**Craft Activity

Calm Down Sensory Jars

8

**Sensory Stress Balls** 

Understanding Emotions uses a therapeutic art activity to assist children to self-regulate and understand emotions through self-awareness and coping strategies.

Where: Alexandra Park Zoo Playground

**Date: 7th of September 2022** 

Time: 2pm to 4pm

**No Bookings Required** 





